



State of Israel
Ministry of Education
The Pedagogical Secretariat
Languages Department
Inspectorate for English
Language Education

TRIPLE WELLBEING

Friends

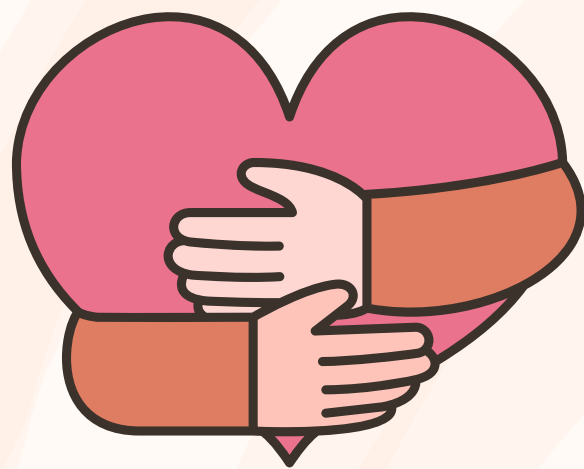
Teaching our students about kindness

עוזרים לחברים - מלמדים את
התלמידים שלנו על טוב לב



Contents

FOR TEACHERS ONLY!
מדריך למורה



Unit Objectives



Teaching Unit



Assessment



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English Language Objectives

By the end of this unit,
students will be able to:

1

understand basic phrases to describe acts of kindness and sharing.

2

follow a simple story about helping friends at school.

3

recognize and use key vocabulary related to friendship and sharing.

4

engage in participate activities in pairs about helping others.

5

express basic needs and offer help in simple English.

6

review the "ch" diphthong in words like "lunch" and "sandwich".

Teaching Unit



teaching vocabulary: friendship and helping words



speaking practice: Move Like Stars activity



reading comprehension: story about sharing at school



interactive learning: Spot the Differences pair work



project: Helping Hands Challenge calendar



Star of David reflection

Vocabulary

Visual Introduction



Show the pupils the new vocabulary words and discuss their meanings. Have the pupils practice the words a few times, using different voices (as an angry person/ as a small quiet voice).

הכירו לתלמידים את אוצר המילים של היחידה הזו: תחילה עברו על השקופיות עם המילים, ולאחר מכן תנו להם לתרגל אותן בשתי הפעילויות הבאות.

♥ hungry

♥ next to

♥ desk

♥ quiet

♥ bring

♥ extra

♥ lunch

♥ share

♥ next in line

♥ lunchbox

Move Like Stars Activity

Click for a fun movement game where students follow the star leader's friendship actions in a circle.

לחצו כאן למשחק תנועה מהנה, שבו התלמידים עומדים במעגל ועוקבים אחר תנועות החברות של "מנהיג הכוכב".



MOVE LIKE STARS

Instructions

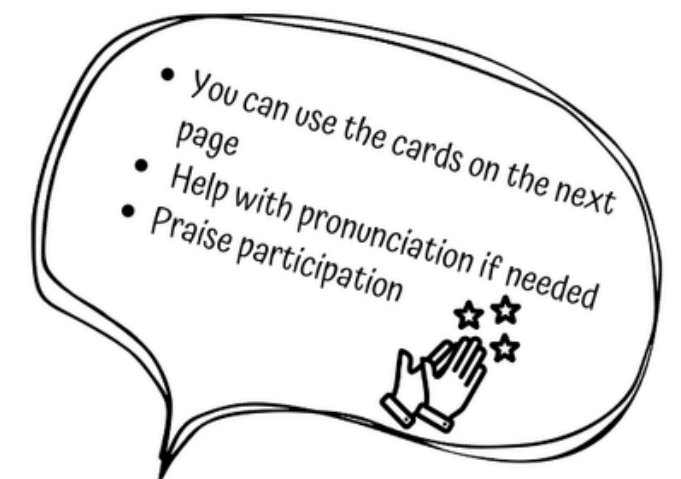
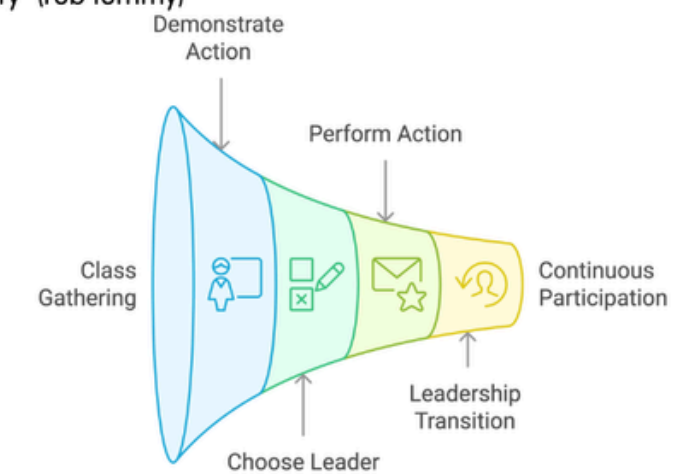
Time: 5 minutes

Players: Whole class

1. **Stand** in a circle
2. Teacher **shows** action: "I am hungry" (rub tummy)
3. Class **copies**
4. **Choose** star leader
5. Star **shows** new action
6. Everyone **follows**
7. Next star **leads**
8. **Keep moving!**

Actions:

- I **share** my food (giving motion)
- I sit at my **desk** (sit motion)
- I say **thank you** (wave)
- I **help** my friend (helping motion)
- I am **hungry**, I want food" (rub tummy)
- I **share** my lunch" (sharing motion)
- I sit at my **desk**" (sit motion)
- I look sad, no **food**" (sad face)
- I give **cookies** to **friends**" (giving motion)
- I say "**thank you**" (wave)
- I have **extra food** today (show two items)
- I see my new **friend** (wave hello)
- I am **next** in line (stand in line)
- I am kind, I **help** (helping motion)
- I sit near my **friend** (move closer)
- I find my **lunchbox** (looking motion)
- I ask to **share** (raising hand)
- I **bring cookies** for **friends** (carrying motion)
- I want to **sit** here (pointing)




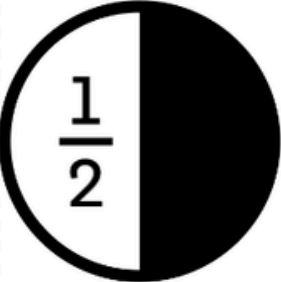
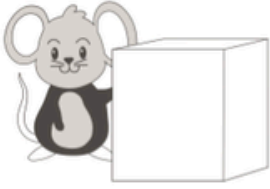







Word Match Activity

Guide students to trace the dotted words, then cut and match each word with its matching picture. Students can play a memory game with their cards together with a partner.

הנחו את התלמידים לעבור על המילים המקווקוות, לאחר מכן לגזור ולהתאים כל מילה לתמונה המתאימה לה, ולבסוף לשחק במשחק הזיכרון עם הכרטיסיות.

HELPING FRIENDS - GLOSSARY

Cut, write and play, matching the words to the pictures

<u>desk</u>		<u>half</u>	
<u>next to</u>	ליד 	<u>share</u>	
<u>lunch</u>		<u>quiet</u>	
<u>extra</u>		<u>hungry</u>	
<u>lunchbox</u>		<u>bring</u>	
			להביא

A digraph is two letters that together make one sound

Let's review the digraph "ch" זרקור על

The digraph 'ch' makes a few sounds: "ch" like in chicken, "k" like in character and "sh" like in chef. The digraph appears a few times in this unit's story and makes the sound "ch" like in chicken. When students see the letter combination in the text, ask them to highlight the words containing the "ch" sound.

1

Show the pupils a flashcard or slide with the lowercase "ch" letters on it. Write them clearly on the board. Say the sound a few times while pointing to the letters. Ask the pupils to repeat it after you, then to say it together with you.

2

Show the pupils a short clip which exposes them to the "ch" sound.

[CLICK HERE](#) or scan the QR code below for the short clip:



3

Play a game. The teacher says 7–10 words that the pupils recognize, some of which have the "ch" sound in them and some which don't. The pupils clap their hands twice whenever they hear the "ch" sound.

Words with "ch" sound:

cheese, chocolate, chair, lunch, chicken, beach, touch, bench

Words without "ch" sound:

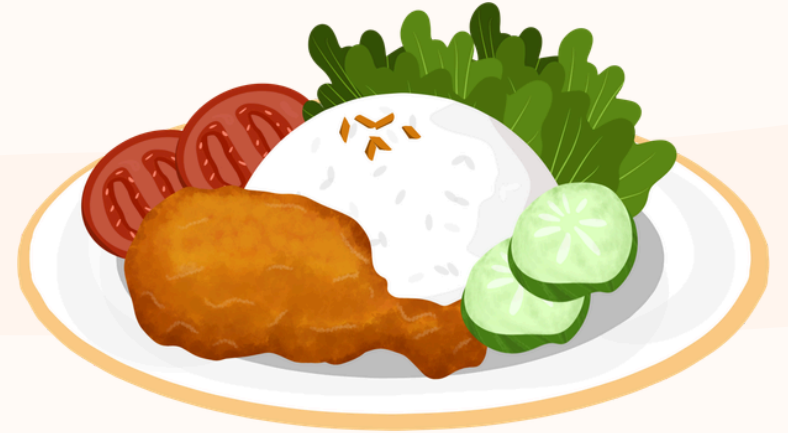
book, cat, dog, pen, table, sun

Read the words aloud while pointing to the picture. Pupils should repeat the words after you, then you all read them together. Have the students clap once if the "ch" sound is at the beginning of the word or twice if it is at the end.

קראו את המילים בקול תוך הצבעה על התמונה. על התלמידים לחזור על המילים אחריכם, ולאחר מכן קראו אותן יחד. הנחו את התלמידים למחוא כף פעם אחת אם הצליל מופיע בתחילת המילה, או פעמיים אם הוא מופיע בסופה.



chocolate



lunch



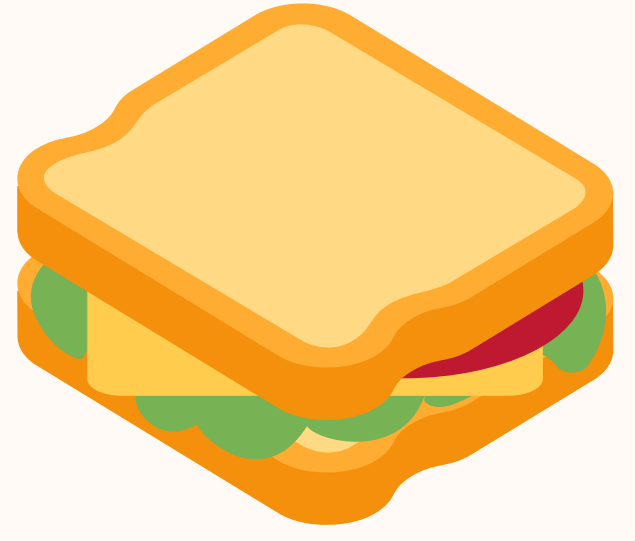
cheese



chicken



children



a sandwich

Fortune Teller

Teacher Instructions:

1. Hand out crystal ball worksheet
2. Point to vocabulary on board:
desk, next, lunch, lunchbox, half, share, extra, quiet, hungry
3. Ask students to predict story using words/drawings
4. Allow 3–5 minutes for writing/drawing
5. Optional: Have 2–3 students share predictions

הוראות למורה:

1. חלקו את דף העבודה "כדור הבדולח".

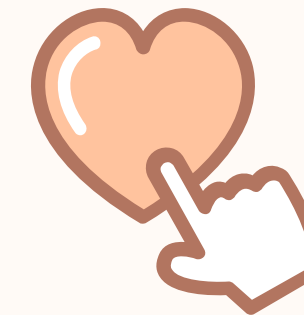
2. הצביעו על אוצר המילים שעל הלוח: desk, next, lunch, lunchbox, half, share,

extra, quiet, hungry, extra.

3. בקשו מהתלמידים לנחש מה יקרה בסיפור באמצעות מילים או ציורים.

4. הקציבו 3–5 דקות לכתיבה או לציור.

5. רשות: בקשו מ-2–3 תלמידים לשתף את הניחושים שלהם.



Click here for
the Fortune
Teller worksheet

לחצו כאן לדף
העבודה

Helping Friends

Maya sits at her desk in class. Her eyes look sad. She can't find her lunchbox.

"Where is my food?" she says quietly.



Click here for the full text and questions

לחצו כאן לטקסט
המלא ולשאלות



Helping Friends

Dana sees Maya from the next desk.

"Are you hungry?" asks Dana.

"Yes," Maya says. "I think I left my lunchbox at home."

"Here - we can share," says Dana, giving half her sandwich.

"Thank you! You are so kind," says Maya.



Helping Friends

Sharon sits near them and sees them.

"I have cookies," says Sharon happily.

"And I have an apple," says Dana.

"Let's all share our food!"



Helping Friends

The next day, Maya brings extra sandwiches to class.

"Today, I want to share too," she says.

Now the three friends eat together at their desks every day.

When a new student comes to class, they always say:

"Come! You can sit with us and share lunch."



Spot the Differences!

Teacher Instructions:

Have students work in pairs to find and discuss 6 differences, encouraging use of target vocabulary.

הנחיות למורה: יש להנחות את התלמידים לעבוד בזוגות כדי למצוא ולדון ב-6 הבדלים, תוך עידוד שימוש באוצר המילים הנלמד. היעזרו בתבנית הדיבור הבאה:

Speaking Template for Students:

Student A: "I can see a difference in... (location).

In picture 1 there is... but in picture 2 there is..."

Student B: "Yes, I see it too!" or "Can you point to it please?"



Click here for the
Spot the Differences
handout

לחצו כאן לדף
העבודה "מצא את
ההבדלים"



My Helping Hands Challenge

Teacher Instructions:

This month-long kindness project combines our friendship story with daily acts of kindness. Students will record kind acts they perform at home, at school, and in their community using a special calendar. The project helps students develop English language skills while practicing kindness in meaningful ways.

Choose from two versions:

1. Full version – includes Hebrew and Arabic translations in order to scaffold for weaker students
2. English-only version – for independent learners

הנחיות למורה:

פרויקט המעשים הטובים החודשי משלב את סיפור החברות שלנו עם מעשי חסד יומיומיים. התלמידים יתעדו מעשים טובים שהם מבצעים בבית, בבית הספר ובקהילה באמצעות לוח שנה מיוחד. הפרויקט עוזר לתלמידים לפתח מיומנויות בשפה האנגלית תוך תרגול של נתינה וחסד בדרכים משמעותיות.

בחרו מבין שתי גרסאות:

גרסה מלאה – כוללת תרגום לעברית ולערבית כדי לספק תמיכה (scaffolding) לתלמידים מתקשים.

גרסת אנגלית בלבד – ללומדים עצמאיים.

Click for your handout:



Closing Activity: Reflection and Sharing

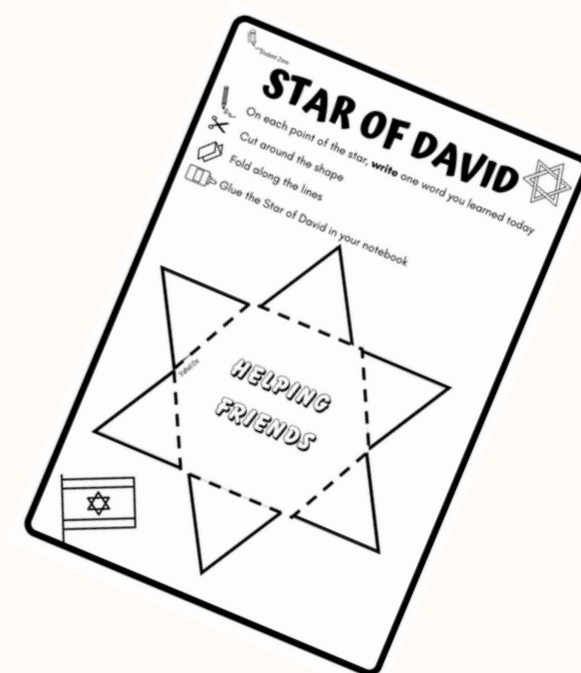
פעילות סיכום: רפלקציה ושיתוף

Have students write six new words from today's lesson on the star of David, then lead a short sharing circle where each student presents one new word and their planned act of kindness for the Helping Hands Challenge.

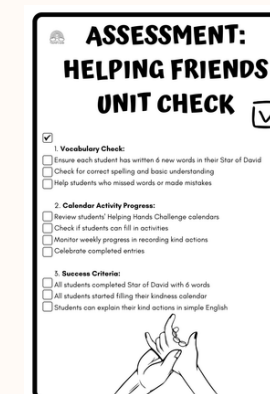
הנחו את התלמידים לכתוב שש מילים חדשות מהשיעור של היום על גבי מגן הדוד. לאחר מכן, קיימו מעגל שיתוף קצר שבו כל תלמיד מציג מילה חדשה אחת ואת מעשה החסד שהוא מתכנן עבור "אתגר הידיים העוזרות".



Click here for the Star of David Exit Ticket
לחצו כאן ל"כרטיס יציאה" מגן דוד



Click here for the Teacher's Assessment: Helping Friends Unit Check
לחצו כאן למחווון הערכה למורה



**Thank You for Sharing
Kindness!**

