



Fast Fashion

Vocabulary List

1. **Clothes (Band I)**
Definition: Items you wear.
Example: I bought new clothes for the summer.
2. **Shop (Band I)**
Definition: A place where you buy things.
Example: I like to shop at the mall.
3. **Buy (Band I)**
Definition: To get something by paying money.
Example: I want to buy a new t-shirt.
4. **Price (Band I)**
Definition: The amount of money you pay for something.
Example: The price of that dress is very low.
5. **Style (Band II)**
Definition: The way something looks or is designed.
Example: I like the style of those shoes.
6. **Waste (Band II)**
Definition: Things that are thrown away and not used.
Example: There is a lot of waste from old clothes.
7. **Environment (Band II)**
Definition: The natural world around us.
Example: We should take care of the environment.
8. **Trendy (Band II)**
Definition: Very popular at the moment.
Example: Those shoes are very trendy right now.
9. **Recycle (Band III)**
Definition: To make something new from old materials.
Example: We should recycle our old clothes.
10. **Fashion (Band II)**
Definition: A popular style of clothing or behavior.
Example: Fashion changes every year.



1. Match the Word with its Definition

Draw a line to connect the word to its correct meaning.

Word	Definition
Clothes	How something looks or is designed
Shop	Making cheap, trendy clothes quickly and in big amounts.
Buy	Things that are thrown away
Price	Something that is very popular
Style	Something you wear
Waste	To get something by paying money
Environment	To make new things from old things
Trendy	The amount of money you pay
Recycle	The natural world around us
Fast Fashion	A place where you buy things

2. Fill in the Blanks


Use the words from the vocabulary list to complete the sentences.

1. I like to go to the ____ when I need new clothes.
2. This jacket is very _____. Everyone is wearing it!
3. We should ____ our old clothes to help protect the _____.
4. The ____ of this shirt is too high. I can't buy it.

3. Circle the Correct Word

Circle the word that best completes each sentence.

1. I bought / sold new clothes for the summer. I didn't have any.
2. We should help the environment / trend by recycling.

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3. Fast fashion creates a lot of style / waste.
 4. I like clothes that have a simple price / style.
 5. These jeans are very price / trendy.

Pre-Reading Discussion (You can use Kahoot, Mentimeter, or Google Forms)

1. What types of clothes do you like to buy?
 2. How often do you go shopping for new clothes?
 3. What makes you choose a piece of clothing? (Is it the color, price, or style?)
 4. Do you prefer to shop online or in stores? Why?
 5. How important is the price of clothing for you?
 6. What do you do with clothes you don't wear anymore?
 7. Have you thought about how shopping affects the environment?
 8. Is it important to buy clothes from good brands? Why?
 9. How do advertisements or social media influence your shopping?
 10. Do you know what "fast fashion" means? What do you think about it?
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Text: Adapted from:

<https://earth.org/fast-fashions-detrimental-effect-on-the-environment/>

What is Fast Fashion?

Fast fashion describes a style of clothing that is produced quickly and cheaply. Many people buy fast-fashion clothes because they want to look stylish without spending a lot of money. Stores create new designs every few weeks, so there is always something new to buy.

The Impact on the Environment

Fast fashion has many negative effects on the environment. First, it uses a lot of water. For example, making just one t-shirt can require up to 2,700 liters of water. This is a huge amount, especially in places without enough water. Second, producing these clothes often involves chemicals that can pollute rivers and oceans. These chemicals can harm fish and other animals.



Waste and Throwaway Culture

Another problem with fast fashion is that it encourages people to throw away clothes quickly. Many people wear a piece of clothing only a few times before they get rid of it. This creates a lot of waste. In fact, millions of tons of clothing are thrown away every year.

How We Can Help

To help the environment, we can make better choices when buying clothes. Instead of buying many cheap items, we can buy fewer, higher-quality clothes that last longer. We can also recycle or donate old clothes instead of throwing them away. By being more thoughtful about our clothing choices, we can reduce the negative effects of fast fashion and protect our planet.

Post-Reading Discussion

1. What is fast fashion?
2. How does fast fashion affect the environment?
3. Can you name some materials used in fast fashion?
4. What can we do to help the environment instead of buying fast fashion?

Follow-Up

Project: "Sustainable Fashion Collage"

Objective:

Students will create a visual collage to explore sustainable fashion alternatives.

Instructions:

1. Research: In pairs or groups, students will research simple ways to recycle, reuse, or upcycle old clothes.
2. Create: Using magazines, online images, or personal photos, students will create a collage showing sustainable fashion ideas (e.g., using old clothes in new ways, recycling materials, eco-friendly clothing).
3. Present: Students will present their collages to the class, explaining the items they chose and how these ideas can help the environment.

Skills Focus:

- Vocabulary usage (clothes, recycle, environment, etc.)
- Speaking skills (simple presentations)
- Creativity and group work

