

PART 1

1. You won't believe what I did. I took my sister's phone and now I can't find it!

a. Have a good trip!

b. What time is it?

c. Calm down!

2. Hi Andy, I'm sorry but I can't meet you next week. I'm going on a trip to London with my family.

a. I'll miss you.

b. Pleased to meet you.

c. Turn it off.

3. This box is really big. Where do you want me to put it?

a. I can't wait.

b. Over there.

c. That's terrible.

4. Wake up! Are you still sleeping? We are going to be late for our meeting!

a. I forgot all about it.

b. On your right.

c. With pleasure.

5. The movie is going to start soon. Why are your eyes closed?

a. You're welcome.

b. It's rainy.

c. I'm tired.

PART 2

Listen to the podcast given by Dr. Silver, a therapist.

استمعوا إلى البودكاست من تقديم المُعالِج د. سيلفر.

הקשיבו להסכת (פודקסט) בהנחיית המטפל ד"ר סילבר.

Hello listeners and welcome to my podcast. My name is Dr. Silver. I am a therapist and I try to help people solve all kinds of problems. Today I am going to try to help Sammy with his problem.

This is what Sammy wrote.

"Dear Dr Silver. I have a problem. Almost everything such as tests, teachers, friends and problems at home makes me feel stressed. I can't relax. What can I do?"

Thank you, Sammy, for this very good question. Many people have this problem and I will try to give you a few tips to help you solve it.

First, try to be active. If you go for a walk for at least 30 minutes every day, you will feel better. To help you relax, choose a quiet place in nature for your walk such as a park or by the sea.

Also, you can share your problem with a good friend who can give you support and a good word when you need it.

My last tip is very surprising! Believe it or not, eating certain food can help you relax. When you feel stressed, try eating a banana or yogurt. I tried it and it works! Drinking coffee or eating sweet things such as cookies or cake won't help you relax though, so stay away from them.

Sammy, I hope these tips will help you. Dear listeners, if you have tips you think can help Sammy, please write me and I will read some of them on next week's podcast.

This is all for today, dear listeners.

Bye for now 😊

6. Who is Dr. Silver?

- a. A therapist
 - b. A teacher
 - c. A dentist
7. Where should Sammy go for a walk to relax?
- a. To a store
 - b. Down a busy street
 - c. By the sea
8. According to Dr. Silver, how can a friend help Sammy?
- a. A friend can give Sammy support.
 - b. A friend can help Sammy with his homework.
 - c. A friend can teach Sammy how to breathe.
9. What does Dr. Silver tell Sammy he can do when he feels stressed?
- a. Sammy can drink coffee.
 - b. Sammy can eat yogurt.
 - c. Sammy can eat cake.
10. Why does Dr. Silver tell the listeners to write him?
- a. To give Sammy more tips.
 - b. To get tips about the listeners' problems.
 - c. To thank Dr. Silver for the podcast.

PART 3

6. Tell me a few things about yourself.

ALSO, tell me about a subject that you like to study at school.

Explain why you like to study this subject?

7. Tell me a few things about yourself.

ALSO, tell me about a game that you like.

Explain why you like it.

PART 4

A PAINTING IN THE RAIN **رِسْمَةٌ تَحْتَ الْمَطَرِ** **צִיּוֹר בְּגֶשֶׁם**

You may use the following words in your answer:	في الإجابة، يُمكنكم استعمال هذه الكلمات:	בתשובה תוכלו להשתמש במילים האלה:
paint	نرسم	לצייר: paint
thunder and lightning	رَعْدٌ وَبَرْقٌ	רעם וברק: thunder and lightning
blurry	غير واضح	מטושטש: blurry
art museum	متحف الفنون	מוזיאון לאמנות: art museum