

**דגם תשובות לשאלון באנגלית, שאלון ה' (MODULE E), מס' 016481, מועד נבצרים, חורף תשפ"ב, 2022**

**PART I: WRITTEN RECEPTION (70 points)**

(ACCESS TO INFORMATION FROM WRITTEN TEXTS)

**STORIES FROM THE INTERNATIONAL SPACE STATION**

- \* For misuse of pronoun, deduct only **ONCE** per question. However, accept if the pronoun is used appropriately with quotation marks.
- \* For cases of ignoring the stem in answers requiring completions, consult the General Guidelines.

1.	iii) How you can identify the ISS from Earth. v) What is being done on the ISS.	2×7=14
2.	Putting it together in space.	8
3.	[ <b>Positive: The astronauts could</b> ] go outside the ISS <b>OR</b> move through (dark, silent) space. [ <b>Negative: The astronauts had to</b> ] live (together) in cramped conditions.	2×8=16
4.	[ <b>To show that it can be difficult to</b> ] become an astronaut <b>OR</b> fulfill dreams.	8
5.	[ <b>It made him believe that space travel</b> ] can be / could be / is exciting.	8
6.	iv) commanded the ISS	8
7.	iii) serious problems on Earth might be solved	8

**PART II: SPOKEN RECEPTION (30 points)**

(ACCESS TO INFORMATION FROM SPOKEN TEXTS)

*5 pts each; 1 pt off per item for serious grammar error. No pts off for spelling.*

**KEEP LEARNING!**

8.	ii) Why he wrote his book.	5
9.	[ <b>Because this helps your brain stay</b> ] active and/or healthy.	5
10.	ii) Why they don't begin learning new things. vi) What can prevent them from giving up.	5
11.	[ <b>They can</b> ] talk to an expert / discuss their mistakes with an expert <b>OR</b> analyze their mistakes (carefully).	5
12.	iii) Do different things using the same skill.	5

**Hi everyone and welcome to our program "Psychology Now." I'm Rachel Scott, and today I'm joined by the psychologist Martin Brook. He's here to tell us about a new book called "Beginners." Hi, Martin.**

Hi Rachel. Thanks for inviting me.

**Martin, can you begin by telling us something about this book?**

Well, it was written by a journalist called Tom Vanderbilt. A few years ago he decided to spend a whole year trying to learn all sorts of new skills—things he had never done before, like singing, and drawing. Vanderbilt believes that we should all be trying to learn new things, but he also understands how difficult it can be to do that. So he wrote the book to help people do this, and in it he describes the different methods he used when he began to learn a new skill. That's why the book is called "Beginners."

**But why does Vanderbilt think it's important for *everyone* to learn new skills?**

Well, he bases his opinion on several scientific studies which show that there are changes in your brain when you are learning something new. These changes are responsible for keeping your brain healthy and active. That's why we should try to keep learning new things at any age, including when we get older.

**It's true that most of us don't try to learn new things as we get older.**

Yes, and that's not really surprising, because when we're older, learning new things does become more difficult. But the real problem is that adults don't like making mistakes. In fact, Vanderbilt says, we are so afraid of doing something wrong that we won't even begin to learn new things. So, he says, we need to change our attitude and accept that it's perfectly normal to make mistakes while you're learning something new. If we accept that, then we'll be prepared to start something new – and we won't give up when we do something wrong.

**Actually, we're always told that making mistakes is a *good* thing – that we *learn* from our mistakes.**

Yes, we definitely can – if we analyze them carefully. One way to do that is to discuss your mistakes with an expert. For example, suppose you want to learn to play bridge -- you know, the card game -- on the internet. You can spend hours on your computer playing the game, but you probably won't play any better. That's simply because you don't realize what you're doing wrong. According to Vanderbilt, talking to an expert can help you understand what mistakes you're making, and that's the best way to improve your game.

**But isn't the real secret of success just lots and lots of practice?**

Of course, we have to practice when learning something new, but the way we do it is important. According to Vanderbilt, we shouldn't keep practicing exactly the same thing all the time. For instance, if you're learning to draw, don't only draw faces. Try to draw other things too, like flowers or fruit. And if you're learning to sing, don't keep singing the same song, choose different songs. When you make changes during your practice, your brain has to work a little harder and you will get better at what you are trying to learn.

**Thank you, Martin. I've always wanted to learn how to draw – now I'll definitely try it! And that's all we have time for today. Goodbye everyone.**