

State of Israel
Ministry of Education
Exam type: *Bagrut*
Exam date: Summer 2019
Exam number: 69281
English Translation (3)

מדינת ישראל
משרד החינוך
סוג הבחינה: בגרות
מועד הבחינה: קיץ תשע"ט, 2019
מספר השאלון: 69281
תרגום לאנגלית (3)

Psychology

פסיכולוגיה

Instructions to examinees

הוראות לנבחן

א. Duration of the exam: Two hours

א. משך הבחינה: שעותיים.

ב. Exam structure and breakdown of points:

ב. מבנה השאלון ומפתח ההערכה:

This exam consists of two parts.

בשאלון זה שני פרקים.

Part One – (2×25) – 50 points

פרק ראשון – (25×2) – 50 נקודות

Part Two – (5×10) – 50 points

פרק שני – (10×5) – 50 נקודות

Total – 100 points

סה"כ – 100 נקודות

ג. Material that may be used during the exam:

ג. חומר עזר מותר בשימוש:

A Hebrew-other language / other language-
Hebrew dictionary

מילון עברי-לועזי / לועזי-עברי.

ד. Special instructions:

ד. הוראות מיוחדות:

(1) Write clear, concise answers.

(1) ענה בתמצות ובבהירות.

(2) In your answers, use concepts you learned.

(2) בתשובותיך השתמש במושגים שלמדת.

Write in the answer booklet only. Write "טייטה" at the top of each draft page. If you use draft paper that is not in the answer booklet, your exam may be disqualified.

כתוב במחברת הבחינה בלבד. רשום "טייטה" בראש כל עמוד המשמש טייטה. כתיבת טייטה בדפים שאינם במחברת הבחינה עלולה לגרום לפסילת הבחינה.

Good Luck!

בהצלחה!

Questions

Part One (50 points)

Answer two of the questions 1-4 (each question – 25 points).

1. Israeli society attaches considerable importance to military service, and schools invest much effort in preparing students for enlistment, to promote a positive, enthusiastic approach toward serving in the IDF. Part of this preparation is intended to help students cope with the stress related to their approaching enlistment.
 - א. From the passage above, list and give examples of two characteristics of the attitude [מאפייני העמדה] that schools are trying to promote among their students, in the process of preparing them for enlistment. (12 points)
 - ב. Based on the stimulus model, list two sources of stress that some of the students might experience in anticipation of their enlistment. Give examples from the passage above. (13 points)
2. Sahar's teacher, Rinat, was concerned about his discipline problems and his academic achievements. In the middle of the term, she had a private conversation with him, in which she told him that she believed in his abilities and was certain he would succeed in improving his conduct and his academic achievements. She even gave him some after-school lessons. As a result of her influence, Sahar improved his conduct and his achievements.
 - א. Sahar's parents were concerned about their son's discipline problems at school, and were considering punishing him. Give two reasons why Sahar's parents would have been well advised not to punish him. (12 points)
 - ב. Describe the research study "Pygmalion in the classroom", conducted by Rosenthal and Jacobson. In your answer, refer to the course of the research [מהלך המחקר] and its conclusion.
Use the conclusion of Rosenthal and Jacobson's study to explain Sahar's success. (13 points).

3. Many adolescents follow celebrities on Instagram. Some of them opt to follow these celebrities in order to be like their friends, since they fear that if they don't, their social image will be harmed.
- א. List and explain two needs that explain conformist behavior, and give an example/ examples from the passage above of one of the needs you listed. (12 points)
- ב. Explain what imitative learning [למידת חיקוי] is.
Use one of the concepts "observed reinforcement" ["חיזוק נצפה"] or "observed punishment" ["עונש נצפה"] to explain the tendency of adolescents to follow celebrities on Instagram. (13 points)
4. A mother (or other caregiver) has a great influence on a child's development.
- א. Explain two of the roles played by the mother (or other caregiver) in the process of attachment [התקשרות]. (12 points)
- ב. What is the first stage in the development of a child, according to Erikson?
Describe two characteristics of this stage, and write about the mother's role and its importance for the child's development at this stage. (13 points)

Part Two (50 points)

Answer five of the questions 5-15 (each question – 10 points).

5. Recently, it has been reported that Israeli hi-tech suffers from a lack of female employees. Statistics show that many women who work in hi-tech fill more junior positions than men, such as sales, accounts, and office administration. One of the possible explanations is that employers are afraid to employ women in key positions.

Levi, R. (9 September 2017). It's the atmosphere, stupid: Why are there so few women in Israeli hi-tech? [Hebrew]
Retrieved from www.themarket.com [15.01.2019]

Israel Internet Association. (26 March 2017). 10% drop in the number of women employed in hi-tech in 2016. [Hebrew]
Retrieved from www.isoc.org.il [15.01.2019]

- א. What is a prejudice [דעה קדומה]?
Give examples of how the three components of a prejudice appear in the passage above. Explain your answer. (5 points)
- ב. In your opinion, what value is violated because of the low percentage of women in hi-tech?
In your opinion, how should executives in hi-tech go about bringing more women on board in this field? Explain your answer, based on the value you noted. (5 points).

6. Compare classical conditioning with operant conditioning using two criteria of your choice.
7. Recent research has shown a relation between giving to others, on the one hand, and stress reduction and the giver's increased life expectancy, on the other.

Penai, N. (31 July 2017). Helping others can lengthen your life, and that's not all - the neurobiology of giving, *The Essence of Life*. [Hebrew]. Retrieved from www.eol.co.il [15.01.2019]

List four goals of psychology, and give examples of two of them from the statement above.

8. The news in Thailand issued a warning to tourists of an approaching storm.

Shickman, I. (3 January 2019). Ahead of a storm in Thailand: report from the high sea, difficult to leave the islands. Retrieved from www.ynet.il [30.01.2019]

Describe Cannon's stress response model.

Write about two physiological responses that an Israeli tourist in Thailand might exhibit as a result of the warning about an approaching storm.

9. What is a critical period, according to Erikson? Explain its importance for an individual's personality development.
10. Uri's wife is about to give birth to their first child, a daughter. As the birth approaches, Uri feels more and more stressed.
To relieve the stress, Uri decided to meet up with his friends who are new fathers.
List and explain two of the roles of social support.
Give an example of one role of social support that, in your opinion, applies in Uri's case.
11. Some people claim that learning is a sudden process of change in perception and information processing.
Do you agree with this claim?
Present an evidence-based argument that supports or refutes this claim. In your answer, refer to the experiment you learned about – the course of the experiment, its results and its conclusions.

12. A hard-working worker who wants to receive a raise in salary asks to meet with his manager to discuss his conditions of employment.

Choose one of the techniques of influence by stages, and give an example/examples of how the worker can use this technique to persuade his employer to raise his salary.

13. "Israel suffers from a disease called 'polarization' (extreme differences of opinion). The cure for this disease is unity and conciliation through education."

This is how the minister of education began his speech at the beginning of the present school year.

The research conducted by Sherif and his colleagues studied conflict between groups. Write about the research's conclusion, and, based on this conclusion, suggest a solution whereby education can be used to overcome prejudice and promote unity.

Optional question on a topic of study:

If you studied altruism, you may answer question 14.

If you studied Rogers' theory, you may answer question 15.

14. Many research studies have shown that people tend not to help others in an emergency when they are in the company of other people. This phenomenon is called "the bystander effect".

Give and explain one possible reason for not helping others in an emergency.

15. What is conditional positive regard [הערכה חיובית מותנית], and what is unconditional positive regard [הערכה חיובית בלתי מותנית]?

Explain which sort of regard (conditional or unconditional) contributes to the healthy development of a child's personality. Provide support for your answer.

Good Luck!

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בהצלחה!

זכות היוצרים שמורה למדינת ישראל
אין להעתיק או לפרסם אלא ברשות
משרד החינוך